



JANUARY

VEGETARIAN LUNCH

MONDAY

Carrot & Zucchini Salad
Steamed Eggs
Stir-fried Shenghai
Green Yoghurt

4

TUESDAY

Cucumber Salad
Rice & Tomato Sauce
Apple Cake

5

WEDNESDAY

Tomato Salad
Stir-Fried Iceberg
Mashed Potatoes
Pear & Cinnamon Cake

6

THURSDAY

Papaya Salad
Green Curry
Veggie Mixed Rice
Khaonom Mokeng

7



FRIDAY

Pizza
Steamed Baby Cabbage
Mixed Veggies
Apple Sauce

8

Mixed Salad
Tomato & Eggs
Potato Gratin
Yoghurt

11

Salsa Salad
Veggie Fajitas
Fungus & Eggs
Banana Cake

12

Devil Eggs
Zucchini Gratin
Steamed Pumpkin
Chocolate Cake

13

Bell Pepper Salad
Mashed Potatoes
Chick Peas in Sauce
Pasteis de Nata

14



Zucchini Salad
Potato Chips
Pasta in Sauce
Fruit Custard

15

Green Bean Salad
Steamed Eggs
Potato Wedge
Yoghurt

18

Pizza
Fried Lotus
Baked Cauliflower
Apple Cinnamon

19

Tomato Salad
Veggie Burger
Potato Wedge
Banana Cake

20

Fattouche Salad
Falafel
Lentils
Mamounié

21



Zucchini & Carrot Salad
Spaghetti in Tomato Sauce
Pear Cake

22

Leek Salad
Steamed Mushroom
Stir-fried Pumpkin
Yoghurt

25

Devil Eggs
Cheese Sandwich
Green Beans
Chocolate Cake

26

Corn Salad
Veggie Curry
Rice
Custard Pie

27

Flammkuchen
Kartoffelpuffer
Mixed Peas
Stollen

28



Mixed Salad
Steamed Turnip
Stir-fried Pak Choy
Apple Cake

29

Khaonom Mokeng is a Coconut Custard Laotian dessert
Fattouche Salad is a traditional Lebanese Mezze mixed Salad
Falafel is a Vegetarian Lebanese dish (chick pea)
Mamounié is a dessert based on Couscous
Flammkuchen is a pizza with creamy sauce

Kartoffelpuffer is a shredded potato German dish
Currywurst is pork sausage in a tomato & curry Sauce
Stollen is a German Gingerbread

Fruits are served everyday according to seasonal